

Date: _____

Patient's Name : _____

Referring Physician: _____

Chief Complaints: (check your main symptoms, those that prompted your visit)

HEAD OR NOSE SYMPTOMS

Sneezing _____
nose blocking _____
runny nose _____
postnasal drain _____
sinus infection _____
sore throat _____
ear blocking _____
headaches _____
eye symptoms _____

SKIN SYMPTOMS

hives _____
eczema _____
itching _____
swelling _____

CHEST SYMPTOMS

cough _____
wheezing _____
shortness of breath _____
chest infection _____
hoarseness or
loss of voice _____

INSECT STINGS

hives-swelling _____
shortness of breath _____
wheeze _____
dizziness _____
passing out _____

OTHER (please explain in a few words): _____

1. Approximately how many years have you suffered from the chief complaints of:

Head or nose symptoms _____ Chest symptoms _____ Skin symptoms _____
Insect sting reaction _____ Other _____

Please note: This information may be important for your insurance coverage, especially in a patient who has recently obtained new insurance.

2. If you have respiratory symptoms indicate their pattern:

	<u>HEAD/NOSE</u>	<u>CHEST</u>
Year round, no season variation	_____	_____
Year round, worse seasonally	_____	_____
Seasonally only	_____	_____
If seasonal list months	_____	

3. How many days of school or work have you missed in the past because of these symptoms? _____
How many times have you required ER or Doctor visits for ACUTE symptoms in the past 12 months? _____
How many times have you required overnight hospitalization related to the above symptoms? _____

FOR CHILDREN ONLY

- A. Estimate the number of fuzzy stuffed toys in the bedroom. _____
- B. Attends: ___ day care / ___ school? No _____ Yes _____ Number of days per week _____
- C. Does any member(s) in the household smoke? Yes _____ No _____
If so, whom? _____
- D. Are any symptoms worse: Indoors _____ Outdoors _____ No difference _____
Note any specific location or activity known to provoke symptoms: _____

TURN OVER FOR PAGE 2

ENVIRONMENTAL SURVEY

Residence: House _____ Mobile Home _____ Apartment _____
Bedroom floors: Wall to wall carpet _____ Wood _____ Linoleum _____
Living/den/family room floors: Wall to wall carpet _____ Wood _____ Linoleum _____
Wallpaper in bathrooms: Yes _____ No _____
Type of heat: Electric _____ Gas _____ Space _____ Oil/kerosene _____
Air conditioning: Central _____ Window unit _____ Fans _____

1. Do you frequently use ceiling fans? Yes _____ No _____
2. Any mold or mildew noted growing in or around the house? Yes _____ No _____
If so, where? _____
3. Any history of carpet being soaked (leaky roof, burst pipe, etc.)? Yes _____ No _____
If so, when/where? _____
4. Do you have any pets at home? Yes _____ No _____ If so, what kind? _____
Outside completely _____ Outside some, inside some _____ Inside mostly _____
5. Do you use: scented candles _____ potpourri _____ plug in air fresheners _____

6. Do you note increased symptoms from any of the following:

ALLERGENS

Mowed grass _____
House dust _____
Dead grass _____
Dead leaves _____
Cats _____
Dogs _____
Hay _____
Feathers _____

IRRITANTS

perfumes _____
soaps _____
smoke _____
paint _____
detergents _____
hair spray _____
outside dust _____

WEATHER

windy days _____
cold fronts _____
temp. change _____
damp weather _____

INGESTANTS

Alcoholic beverages _____
Drugs _____
Foods _____
Please list any specific ingestants:

7. Do you use nose drops or sprays? Yes _____ No _____
If so, how often? Occasionally _____ Regularly _____
8. Have you taken hyposensitization shots (allergy shots) previously? Yes _____ No _____
Are you still taking them? Yes _____ No _____
9. How long has it been since you have had a CHEST X-ray? _____
How long has it been since you have had a SINUS X-ray? _____
10. At your workplace, are you exposed to allergens or irritants? Yes _____ No _____
If yes, briefly explain: _____

11. Do you have any hobbies or past times that expose you to allergens or irritants? Yes _____ No _____
If yes, briefly explain: _____